



THE AUSTRALASIAN HOLISTIC DENTISTRY SUMMIT 2018 IS PROUDLY A:

MINDFUL MEETING

- Healthy, natural and invigorating Food for Thought menus designed by a qualified nutritionist
- All of the menus have been created using clean, whole food ingredients using only natural sugar or low sugar choices
- The event will include two (2) meditations and one (1) self-massage and self- acupressure routine.

This Summit at the Mercure Sydney is proud to be carbon neutral. Greenhouse gases produced during your meeting will be offset by funding renewable energy sources through the Carbon Reduction Institute. Mercure Sydney also follows Accor's global Planet 21 Charter with priority actions to reduce energy and water consumption and improve waste management and recycling.